



PRESS RELEASE



It Didn't Start Out That Way A Writer Remembers By Judy Bridges

84 years in the making, 60 homes, 18 schools, and 3 husbands. In this collection of essays, Judy Bridges takes us on an intimate journey through her life, where Dad is a hero and a heartbreaker. Gram shoots her favorite husband in the pocket. A pick-up teaches a street-smart lesson. Bridges puts it all on the table. She sees her life and her characters from all sides, up and down, and brings them to life in this wildly honest memoir.

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"Like the best memoirists, Judy Bridges writes with such candor, humor and clarity that I felt like I was going through life with her instead of reading about it."

Christina Clancy, author of The Snowbirds, Shoulder Season, and The Second Home

"Beautifully wrought and richly detailed, a story of love, loss, and resilience this is memoir at its finest."

Jeannée Sacken, Award-Winning Author of the Annie Hawkins Series: Behind the Lens, Double Exposure, The Rule of Thirds

Judy Bridges was years into a career writing speeches and marketing programs when she realized she really loves to teach and founded Redbird Studio. She spent the next 25 years helping people find the words they want to say. When teaching, Judy looks in each person for the thing they love, the thing they can build on. No writing is insignificant. The eulogy is as important as the novel. When she wrote *Shut Up & Write!* readers said it was as much about life as about writing.

